

DENTAL HISTORY

Patient Name: _____ DOB: _____ Today's Date: _____

Previous Dentist: _____ Date of most recent dental exam: _____

Date of most recent x-rays: _____ Date of most recent dental treatment (other than a cleaning): _____

How would you rate the condition of your mouth?: Excellent Good Fair Poor

I routinely see my dentist every: 3 months 4 months 6 months 12 months Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? _____

PLEASE ANSWER YES OR NO TO THE FOLLOWING:

Yes No

PERSONAL HISTORY

1. Are you fearful of dental treatment? What is your level of dental anxiety? _____ (1-least, 10-most)
2. Have you had an unfavorable dental experience?.....
3. Have you ever had complications from past dental treatment?.....
4. Have you ever had trouble getting numb or had any reactions to local anesthetic?.....
5. Have you ever had braces, orthodontic treatment or had your bite adjusted, and at what age?.....
6. Have you had any teeth removed, missing teeth or lost teeth due to injury or facial trauma?.....
7. Do you use an electric toothbrush?.....
8. Do you floss daily?.....
9. Do you currently use prescription fluoride toothpaste (e.g. Clinpro 5000, Prevident 5000)?
10. Which of these factors matter most to your dental health? Can be multiple answers.
 - Appearance of your smile
 - Long lasting dentistry
 - Your comfort (you're free from cavities, gum disease and infection)
 - Functionality of your teeth
11. When considering treatment options for your care, which of these are concerns for you? Can be multiple answers.
 - Fear of dental work
 - Lack of trust with dentists
 - Treatment not important right now
 - Not the right time for me to have treatment done
 - Cost of dental care
12. When it comes to explaining your dental treatment, which is best for you? Can be multiple answers.
 - I'm a visual person so I want to see photos, x-rays, drawings, etc.
 - I want to know why and I want everything explained with every little detail
 - Just give me enough detail so I understand my treatment
 - Just tell me what I need to do, spare all the details
 - I like multiple options that I can pick and choose (e.g. dentures, implants, bridges)
 - I want what Dr. Wonder thinks is best for my teeth/mouth

GUM AND BONE

13. Do your gums bleed or are they painful when brushing or flossing?.....
14. Have you ever been treated for gum disease or been told you have lost bone around your teeth?.....
15. Have you ever noticed an unpleasant taste or odor in your mouth?.....
16. Is there anyone in your family with a history of periodontal (gum) disease?.....
17. Have you ever experienced a gum recession?.....
18. Have you ever had any teeth become loose on their own (without an injury)?.....
19. Have you experienced a burning or painful sensation in your mouth not related to your teeth?.....

TOOTH STRUCTURE

20. Have you ever had any cavities within the past 3 years?.....
21. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food?.....
22. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth?.....
23. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth?.....
24. Do you have or feel grooves or notches on your teeth near the gum line?.....
25. Have you ever broken teeth, chipped/cracked teeth or had a toothache or cracked fillings?.....
26. Do you frequently get food caught between any teeth?.....

BITE AND JAW JOINT

- 27. Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping).....
- 28. Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together?.....
- 29. Do you avoid or have difficulty chewing gum, carrots, nuts, baguettes, or other hard dry foods?.....
- 30. In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed?.....
- 31. Are your teeth becoming more crooked, crowded, or overlapped?.....
- 32. Are your teeth developing spaces or becoming more loose?.....
- 33. Do you have trouble finding your bite or shift your jaw to make your teeth fit together?.....
- 34. Do you place your tongue between your teeth or close your teeth against your tongue?.....
- 35. Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits?
- 36. Do you clench or grind your teeth together in the daytime or make them sore?
- 37. Do you have any problems with sleep (i.e. restless or teeth grinding), or wake up with a headache?.....
- 38. Do you wear or have you ever worn a bite appliance (i.e. TMJ appliance or a night guard).....
- 39. If needed, would you like to discuss orthodontic treatment (braces) with Dr. Wonder?.....

SMILE CHARACTERISTICS

- 40. Is there anything about the appearance of your teeth that you would like to change (shape, color, size)?.....
- 41. Have you ever whitened (bleached) your teeth?.....
- 42. Do you feel uncomfortable or self-conscious about the appearance of your teeth or when you smile?.....
- 43. Have you been disappointed with the appearance of previous dental work?.....
- 44. Would you like to discuss the whitening procedure with Dr. Wonder?.....

SLEEP & BREATHING

- 45. Do you have trouble breathing through your nose?.....

Patient/Parent/Guardian Signature: _____ **Date:** _____